COOKIES POLICY

Please read this cookie policy carefully as it contains important information on who we are and how we use cookies on our Services. This policy should be read together with our Privacy Policy which set out who we are, how to contact us, what data is collected, how and why we collect, store, use and share personal information generally, as well as your rights in relation to your personal information and details of how to contact us and supervisory authorities if you have a complaint.

1. COOKIES

A cookie is a small text file which is placed onto your device (e.g. your smartphone or other electronic device) when you use our Services. When we use cookies on our Services, you will always be informed by a pop-up within the Services.

Cookies help us to recognise you and your device and allow us to store some information about your preferences or past actions, including your location data (for more information, please see our Privacy Policy).

For example, we may monitor how many times you use our Services, which parts of the Services you go to, location data. This information helps us to understand use of the Services by our users. Some of this data will be aggregated or statistical, which means that we will not be able to identify you individually.

For further information on our use of cookies, including a detailed list of your information which we and others may collect through cookies, please see below.

For further information on cookies generally, including how to control and manage them, visit the guidance on cookies published by the UK Information Commissioner's Office, www.aboutcookies.org or www.allaboutcookies.org.

2. CONSENT TO USE COOKIES AND CHANGING SETTINGS

We will ask for your consent to place cookies or other similar technologies on your device, except where they are essential for us to provide you with a service that you have requested (e.g. to allow you to remain logged-in to the Services as you navigate within the Services and use the Services functionalities).

You can withdraw any consent to the use of cookies or manage any other cookie preferences by using the tool made available to you within the Services itself. You can then adjust sliders or untick boxes as appropriate to reflect your choice. It may be necessary to refresh or restart the Services for the updated settings to take effect.

3. OUR USE OF COOKIES

Cookies can be "Persistent" or "Session" cookies. Persistent Cookies remain on your personal computer or mobile device when you go offline until its set expiration date, unless deleted by you before the expiration date, while Session Cookies are deleted as soon as you close your web browser.

We use both session and persistent cookies for the purposes set out below:

- Session Cookies. These cookies are essential to provide you with services available
 through the Website and to enable you to use some of its features. They help to
 authenticate users and prevent fraudulent use of user accounts. Without these
 cookies, the Services that you have asked for cannot be provided, and we only use
 these cookies to provide you with those Services.
- Persistent Cookies. These cookies allow us to remember choices you make when you
 use the Website, such as remembering your login details or language preference. The
 purpose of these cookies is to provide you with a more personal experience and to
 avoid you having to re-enter your preferences every time you use the Website.

We may also use "Analytics and Performance" cookies, which allow us to track analytics by counting visits and traffic sources so we can measure and improve the performance of our Website. They may be set by us or by third party providers to help us to know which pages or videos are the most and least popular and see how visitors move around the Website.

The table below provides more information about the analytics cookies we currently use and why:

The cookies we use	Purpose	The cookies we use	Whether cookie is essential for us to provide you with a service that you have requested and whether we will seek your consent before we place the cookie
_gat	Used for throttling requests to Google Analytics, to limit the requests being sent from user's browser to Google's advertising platform.	Google (Universal Analytics)	Yes (we will therefore not request your consent before placing this cookie)
_gat_gtag_UA_*_*	To distinguish visitors for analytical purposes. Expires after 10 minutes.		
_ga	To track each page visited by user for analytical purposes. Expires after 24 hours.	Google (Universal Analytics)	Yes (we will therefore not request your consent before placing this cookie)
_gid	To store a unique ID and to monitor the entire session's activity by user for analytical purposes. Expires after 24 hours.	Google (Universal Analytics)	Yes (we will therefore not request your consent before placing this cookie)

4. HOW TO TURN OFF ALL COOKIES AND CONSEQUENCES OF DOING SO

If you do not want to accept any cookies, you may be able to change your device settings so that cookies (including those which are essential to the services requested) are not accepted. If you do this, please be aware that you may lose some of the functionality of our Services and of other Services you use on your device. For further information about cookies and how to disable them please go to the guidance on cookies published by the UK Information Commissioner's Office, www.aboutcookies.org or www.allaboutcookies.org.

5. CHANGES TO THIS POLICY

This policy was published on 11/08/2023 and last updated on 27/08/2025. We may change this cookies policy from time to time, when we do we will inform you via the Services or by sending an email to the email address you provided when you signed up to the Services.